

TERVELSKA TROPANKA  
(Bulgaria - Dobrudza)

This dance was learned by Yves Moreau in the village of Tervel, Tolboukhim District in 1966.

Pronunciation: Tehr-VEHL-skah TROH-pahn-kah

Record: Dances of Bulgaria DB-8101, Side B/1. 2/4 meter.

Formation: Mixed lines, hands joined at shldr height in "W" pos. Wt is on L ft; face slightly R of ctr.

Style: Knees bent, upper body straight and proud. Heavy, earthy feeling. Arms strong and rhythmical. W dance as strongly as M.

MeasPattern

No Introduction.

FIGURE I. Basic Traveling Step

- 1 Step in LOD on R (ct 1); low, heavy scuffing stamp with L (ct 2).
- 2 Repeat meas 1 with opp ftwk.
- 3 Face ctr and step bkwd R on R (ct 1); step on L near R heel (ct 2).
- 4 Small step fwd on R (ct 1); light stamp with L beside R, no wt (ct 2).
- 5 Step on L in place (ct 1); stamp with R beside L, no wt (ct 2).
- 6 Repeat meas 5 with opp ftwk.
- 7 Step on L in place (ct 1); stamp with R beside L, no wt (ct 2).
- 8 Stamp again with R beside L, no wt (ct 1); hold (ct 2).

FIGURE II. Variation

- 1 Small sharp leap onto R, sharply raising L knee (ct 1); pause (ct 2).
- 2 Repeat meas 1 with opp ftwk.
- 3 Step on R to R (ct 1); step on L to R behind R (ct 2).
- 4 Step on R to R (ct 1); small stamp with L next to R (ct 2).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.
- 9 Step on R in place (ct 1); stamp with L beside R, no wt (ct 2).
- 10 Repeat meas 9 with opp ftwk.
- 11 Heavy step with R to R with slight knee bend (ct 1); scuff step with L across R (ct 2).
- 12 Heavy low step with L across R (ct 1); hold (ct 2).
- 13-14 Repeat meas 3-4, Figure I.
- 15-16 Repeat meas 7-8, Figure I.

TERVELSKA TROPANKA (Continued)FIGURE I (Arm movements) done simultaneously with ftwk.

Note: Free hand of first and last dancer follows movements of joined hands in both Figures.

- 1 Extend hands in an arc upward and fwd, straightening elbows as arms swing downward and a little bkwd (cts 1,2).
- 2 With elbows straight, arms swing bkwd as far as comfortable (ct 1); arms begin to swing fwd (ct 2).
- 3 Arms, elbows straight, swing up and fwd until they are parallel to floor (ct 1); arms swing downward and a little bkwd (ct 2).
- 4 Arms swing bkwd as far as comfortable (ct 1); arms begin to swing fwd to floor, parallel pos (ct 2).
- 5 Arms continue to swing up and retrace orig arc of meas 1 (ct 1); hands are now up at "W" pos (ct 2).
- 6 Still at "W" pos (cts 1,2).
- 7 Still at "W" pos (ct 1); pulling motion downward still in "W" pos (ct 2).
- 8 Again, pulling motion as above (ct 1); pause (ct 2).

FIGURE II (Arm movements) done simultaneously with ftwk.

- 1-2 Arms remain in "W" pos.
- 3-4 Same arm motions as in meas 1-2, Figure I.
- 5-8 Repeat meas 1-4.
- 9-10 Arms in "W" pos.
- 11 Raise elbows bkwd (cts 1,2).
- 12 Start pushing arms up and fwd (ct 1); stretch arms straight diag fwd (ct 2).
- 13-14 Repeat meas 3-4, Figure I.
- 15-16 Repeat meas 7-8, Figure II.

Suggested sequence:

Figure I done four times.  
Figure II done twice.

Sequence may also be called by leader.

Presented by Yves Moreau